### 2014 County Highlights







# **BELMONT County**

#### **BUCKEYE HILLS EXTENSION EDUCATION AND RESEARCH AREA**

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#### STRENGTHENING FAMILIES AND COMMUNITIES

- The Belmont County Family and Consumer Sciences (FCS) program continues to work within the schools and community to increase awareness of wellness practices, including better nutrition choices and increased physical activity. Highlights include the 2014 Email Wellness Challenge, a six-week program featuring biweekly nutrition/ physical activity messages with 85 participants; Manage Your Money, a six-lesson series of online, interactive financial management lessons featuring original video messages with 28 participants; and Dining with Diabetes, a three-session series with the educational message that diabetes is manageable with nine participants.
- The Impact of Shale Development on Families in Appalachia Ohio is a research project based in Belmont County in collaboration with Jim Bates, Extension Field Specialist, Family Wellness. The project investigates the perceptions of landowners and residents with regard to the impact of sudden wealth from shale development on family relationships, identity and interpersonal relationships within communities. Once completed, data will be used to extrapolate healthy relational behaviors or adaptations from participants to other families and individuals in the form of Extension educational material. Thirty interviews have been completed and transcribed with data coding and analysis to follow.
- A \$15,500 grant funded Road Trip Life: Navigating Your Future in 2014. This life-skills program reached all Belmont County ninth- and tenth-grade girls with multimedia presentations about nutrition, exercise, smart and safe

- dating, wellness, stress management, and financial management. Over 700 girls participated in the half-day sessions delivered by a team of presenters in all seven Belmont County high schools in November and December.
- Divorce education programming reached over 200 adults, teaching parents to help children cope with divorce. This 2.5-hour multimedia, cost-recovery program is court-mandated and contracted by the Belmont County magistrate. Participants indicate that most learned something new and/or useful and will utilize suggested strategies in dealing with difficult interpersonal situations arising from their divorce.
- Supplemental Nutrition Assistance Program Education (SNAP-Ed) continues to be funded by a federal grant in Belmont County. Basic nutrition, food safety and food security skills are taught to food stamp-eligible audiences throughout the county. In 2014, 2,755 participants attended 248 direct programs, 96.4 percent of which were held in a series. A total of 58 percent of participants reported "some or a lot of new information learned" while 48 percent planned to make changes due to knowledge gained.

#### PREPARING YOUTH FOR SUCCESS

Thirty-two teens completed approximately 40 hours of 4-H
 Camp Counselor Camp and Training. They learned about responsibly caring for children as well as how to plan and coordinate camp activities and educational sessions. Such training also helped these teens gain useful employment skills.



AND ENVIRONMENTAL SCIENCES

- One hundred fifteen youth ages 9–13 participated in Belmont County 4-H Junior Camp. The camp program gave youth an opportunity to learn valuable life skills during their four-day stay. They also learned about and participated in natural resources lessons, athletics, boating, swimming, crafts and other educational activities. Another 30 youth, ages 5–8, participated in Cloverbud Day Camp Programs.
- A total of 85 youth campers, teen counselors, and adult staff from throughout Ohio participated in the 2014 Piedmont
   4-H Shooting Sports Camp. Seventy-eight percent of participants strongly agreed they learned safe use of shooting sports equipment, whereas 65 percent strongly agreed they learned range safety. In addition to learning specific skills related to shooting sports, youth participants were given an opportunity to meet others and make new friends from outside their counties.
- Designed to use positive peer pressure to elicit positive change in the driving habits of first-time juvenile traffic offenders, 4-H CARTEENS continues to operate in Belmont County in cooperation with the Belmont County juvenile court. This year, approximately 163 teens attended with a parent, learning about the dangers of texting while driving, driving too fast and distracted driving. Nine teens serve as instructors of this program.

## ENHANCING AGRICULTURE AND THE ENVIRONMENT

- In 2014, 29 producers attended a grazing workshop to learn about proper grazing management. Participants learned about growth, forage quality and mineral supplementation, soil characteristics, how to capitalize on their water and land resources, rotational grazing economics, and how to reduce winter feed costs.
- In 2014, 25 Master Gardeners provided 400 hours of volunteer service and made more than 1,000 individual contacts. A new class of 14 Master Gardeners was trained to provide educational information to the public through weekly call-ins, farmer's markets and other events and workshops.
- The Ohio Department of Agriculture requires Pesticide
   Applicator Recertification every three years for applicators.
   In 2014, 20 individuals participated in the training—learning proper calibration and recordkeeping practices.
- Two Quality Assurance Training sessions were offered, reaching 220 4-H and FFA members. This program teaches youth how to use best practices that ensure producing quality and safe animal products for consumers, as well as responsible animal handling and care and welfare in farm animal production. Additionally, 10 older youth tested out

- of the program, indicating that they have mastered the program content.
- Four hundred fifteen elementary school students attended
   Fair Field Days at the Belmont County Fair. Participants
   learned about agriculture, history and safety by touring
   exhibits and workshops throughout the fairgrounds. 4-H
   members, Master Gardeners and other volunteers served as
   resource people, teaching youth at the various stops along
   the self-guided tour of the fairgrounds.

## ADVANCING EMPLOYMENT AND INCOME OPPORTUNITIES

- In 2014, a Pipeline Easements and Royalty Payments seminar was attended by 96 landowners. The OSU Extension Shale Education Work Group has continued to meet on a monthly basis in Columbus.
- The Belmont County Family and Consumer Sciences
   educator contributes to the ongoing Building Sustainable
   Communities in Ohio's Shale Region: Leveraging
   Manufacturing Clusters and Local Assets with
   Strategic Planning project as the chair of the Social
   Impact Committee. Activity in 2014 included identifying
   and reporting data regarding social impacts in shale
   development counties in four eastern Ohio economic
   development regions.

Belmont County receives \$64,163 in federal funding for nutrition education for low-income people, thanks to Extension's local-state-federal partnership.