



FAYETTE County

MIAMI VALLEY EXTENSION EDUCATION AND RESEARCH AREA

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STRENGTHENING FAMILIES AND COMMUNITIES

- Influencing more than 796 adults, children and youth to eat healthier resulted in the following:
 - Ninety-two percent of the 119 **Eating for Health** nutrition participants said they plan to make at least one change to reduce their risk of disease by eating healthier, and 99% said they learned new information.
 - Ninety-nine percent of the 190 Miami Trace fifth grade students in **Choose It! Use It!** learned the importance of eating healthy foods, and 89% indicated they would eat more fruits and vegetables each day. Further, 97% said they would be more physically active each day.
 - Two hundred twenty-nine people participated in three **Live Healthy, Live Well** email challenges. Ninety-five percent of the participants reported maintaining or losing weight, and 82% reported adopting one or more of the recommended practices that may help reduce their risk of developing chronic disease.
 - Forty-three teens viewed videos on healthy behaviors made by teens during the six-week online challenge, **You Go Teens!** Evaluations showed 71% were using the new information, and 79% were following one or more of the health practices.
 - Nineteen **Master Gardeners** volunteered over 700 hours of community service, providing Fayette County with \$15,253 worth of volunteer work. If five people were assisted for every one hour of volunteer time, then 3,500 people were assisted.
 - Master Gardeners educate and beautify Fayette County's communities. This increases community pride

and property values. Projects include **planting and maintaining flowers** at the Washington Courthouse and Fayette County Museum. Every pot available was sponsored this year through the Sponsor a Flower Pot program.

- Fifty-seven parents who participated in **Parenting Classes** reported they were using at least one of the discipline techniques learned with their children and were using encouragement more.
- Fayette County Extension provided 168 **DermaScan screenings**. At one of these screenings, a woman said a previous screening had led to her dermatologist finding melanoma. She said she was thankful the screening allowed it to be found early.
- Fayette County's **SNAP-Ed** taught 786 people in programs. Topics covered included MyPlate, vegetables and fruits, dairy, whole grains, food shopping and food safety.

PREPARING YOUTH FOR SUCCESS

- **Real Money, Real World** provided 270 seventh and eighth graders from local schools with hands-on experience in personal finance. Participants were assigned occupations and received a monthly "salary." During a simulation where community volunteers staffed booths representing real-life businesses, the students spent their "salaries" on items in a typical monthly budget. Whether they had adequate funds or ran out of money determined how successful they were at managing their money. Comments at the booths included "I need to get good grades to get into college" and "Now I know what my parents go through."

- In Fayette County, 1,007 youth ages 5–19 participated in **4-H Club** project work and/or school 4-H programs, and 154 4-H adult volunteers coordinated 4-H community club work and activities for youth.
- Forty teens serving on the **Junior Fair Board** were responsible for planning the Junior Fair activities for over 1,200 Fayette County Junior Fair members representing youth organizations. Junior Fair Board members learned life lessons such as leadership skills, team building, program planning, decision making, conflict management, junior fair policies, money management, ethics, communication and workforce development skills.
- One hundred thirty-seven Fayette County campers, third through twelfth grade, enjoyed the five-day overnight **4-H Camp** held at Camp Clifton, which was planned and conducted by 34 teens ages 14–19 who served as 4-H Camp Counselors. A two-day **Cloverbud Camp**, ages 5–8, was conducted with the assistance of eight teens. Counselors learned program planning, conflict management, decision making, communication skills, leadership skills and team building.
- Ninety-nine percent of Fayette County 4-H Camp Counselors participated in an **Ohio 4-H Foundation grant geared toward workforce development** by assessing their skills before and after camp. Counselors reflected on what skills they had learned and what they needed to improve. Throughout their training and reflection, counselors were taught skills they could use in college and future employment.

ENHANCING AGRICULTURE AND THE ENVIRONMENT

- Producers viewed demonstration plots showing the effectiveness of cover crops that can be successfully implemented into current production practices at the annual field day at the **Fayette County Demonstration Farm**. Nearly 400 attendees represented Southwest Ohio and Indiana. Educational topics covered included 4R nutrient management, corn planting depth, common pests of corn and soybeans, cover crop management and a spotlight on upcoming technology with unmanned aerial vehicle demonstrations.
- Sixty local producers and agribusiness professionals attended the first annual **Southwest Ohio Agronomy Day**. Speakers from Purdue University and The Ohio State University spoke on improving soybean yield, nutrient management practices, vertical tillage, variable rate corn planting and cover crops to enhance soil health.

- Some 200 horticulture and turf questions (plant and weed identification, turf grass fertilization and weed control) were answered through **Horticulture Hotline calls and Extension office visits**.

ADVANCING EMPLOYMENT AND INCOME OPPORTUNITIES

- Thirty-four people completed the **ServSafe Food Handler Program for Employees**. These people are now eligible to be managers-in-charge. Two people passed the ServSafe Manager's Certification Exam, certifying them as managers in food service.
- Eight **Leadership Fayette 2013** participants gained personal leadership and knowledge skills, communication and presentation skills, relationships and teamwork skills, better understanding of diversity and the ability to use their top five strengths.
- Twenty-six local businesses were targeted for the **Business Retention and Expansion** OSU Extension signature program. The response rate was 92%. Local businesses have created over 50% of job growth compared to last year. Local businesses demonstrated their contribution to the local economic vitality and social fabric of the community, for example, by helping to build houses for people with low income. Dayton Development Coalition and JobsOhio selected six local businesses for round table discussions. The program shows the county to be an excellent environment for new businesses and spurs the growth of local businesses to become more globally competitive.

Fayette County receives \$38,002 in federal funding for nutrition education for low-income people, thanks to Extension's local-state-federal partnership.